



FOUNDATION YMCA 2025 ANNUAL CAMPAIGN

FIND YOUR Y AND GIVE

When you give to the Y, you support critical programs and services for young people, seniors and families who need them the most. We're open to all and create spaces where everyone can be, belong and become. We're here to encourage each person on their path to reach their full potential. Here are some ways your donation can make a difference in the Wilson Community.

\$5,000

Promotes drowning prevention by providing swim lessons to all 2nd graders in Wilson County.

\$2,500

Helps prevent learning loss by sending 10 kids to summer camp for 2 weeks.

\$1,000

Supports the Y's Parkinson's exercise class which improves and restores strength and balance to all participants.

\$750

Provides a safe and supportive environment for a middle schooler in the Y-GIG program for an entire school year.

\$500

Allows the Y to provide critical outreach programming to underserved communities in Wilson County.

\$250

Builds leadership skills in teens by supporting community service projects that directly impact the citizens of Wilson.

FOUNDATION YMCA 2025

ANNUAL CAMPAIGN COMMITMENT CARD

Name: _____

Address: _____

Phone: _____ Email: _____

I Pledge a total gift of: ☐ \$5,000 ☐ \$2,500 ☐ \$1,000 ☐ \$750 ☐ \$500 ☐ \$250 ☐ Other \$ _____

Join the Triangle Society with a 3 year gift of \$1,000/year or more: \$ _____ per year.

Method of Payment

Pay Now: ☐ Credit Card ☐ Check ☐ Cash

Billed: I will give \$ _____ on the card below for the next _____ months

Credit Card Information: ☐ Visa ☐ Mastercard ☐ American Express ☐ Discover

Card # _____ Expiration _____ CVC _____

Amount Enclosed: \$ _____ Balance Due: \$ _____

Signature: _____ Date: _____

Recognition Purposes

*Donors of \$1,000 or more will receive recognition on the Annual Campaign Installation in the Benson Community Space.

Preferred name _____

☐ "Anonymous" for recognition

SCAN TO DONATE ONLINE

Give quickly and easily on our website
FoundationYMCA.org/give



For a better us.®



Dear valued members and supporters of the Foundation YMCA,

At the Foundation YMCA, we believe in nurturing the potential of every individual in our community, from our youngest learners to our active seniors. We are so much more than a gym; we are a cornerstone of support, growth, and positive change right here in Wilson.

We often speak of the YMCA's health benefits and programs, but its true essence lies in the connections forged within. Recently, we spoke with a member of fifteen years, whose experience highlights the enduring power of community.

"If you were to ask me to describe the YMCA in one word, it would have to be friendship," he shared. Since joining in 2010, the Y became more than a place to be for Jarvis, evolving into a hub for meaningful relationships. He participated in community initiatives, but the human element truly captured his loyalty.

His personal journey includes a 90-pound weight loss, supported by YMCA professionals like Elizabeth, whose guidance extended beyond fitness to nutrition. "I've been doing exactly what she taught me for a long time," he noted, highlighting the lasting impact of Y support.

However, his story is fundamentally about friendship. "I've had a group of friends here ever since I joined," he recounted. Though groups changed over time, the Y's community spirit provided continuity. "Since then, I have been welcomed into a new group."

Their routine – workouts followed by conversation – strengthens bonds. Something such as a spontaneous swim invitation underscores their connection. "It's more fun when you have someone to workout with," he emphasized. "They offer encouragement and share things about their daily life. I'm with somebody every day Monday-Friday." His commitment is clear: "If it weren't for the friendships I have made here, I would not come every day." It's clear that these connections bring a joy to his routine that a solitary workout simply couldn't match. The welcoming attitude to new members further exemplifies the Y's community spirit.

Stories like his illustrate why your donation to the Foundation YMCA is vital. By investing in the Foundation YMCA Annual Campaign, you are investing in the future of our community. You are helping us continue to provide vital programs that empower individuals, strengthen families, and build a healthier, more connected Wilson.

Please consider making a gift today. You can easily donate online at www.foundationymca.org or by returning the enclosed envelope. Every contribution makes a difference.

Thank you for being a valued member of the Foundation YMCA and for your commitment to our community. Together, we can continue to make a positive impact on the lives of our neighbors.

Sincerely,

Sara Nuñez
Foundation YMCA CEO



Jarvis & friends!