


2025
APRIL

Lap Pool

SUN	MON	TUE	WED	THU	FRI	SAT
		1 LAP SWIM 5:30AM-4:00PM SWIM TEAMS LANES 5-8 4:00PM-6:30PM LAP SWIM 6:30PM-7:30PM	2 LAP SWIM 5:30AM-4:00PM SWIM TEAMS LANES 5-8 4:00PM-6:30PM LAP SWIM 6:30PM-7:30PM	3 LAP SWIM 5:30AM-8:30-3:00PM SWIM TEAMS LANES 3-8 3:00PM-6:30PM LAP SWIM 6:30PM-7:30PM	4 LAP SWIM 5:30AM-8:30-3:00PM SWIM TEAMS LANES 3-8 3:00PM-6:30PM LAP SWIM 6:30PM-7:30PM	5 LAP SWIM 7:30AM-3:30PM
6 LAP SWIM 11:30AM-4:30PM	7 LAP SWIM 5:30AM-4:00PM SWIM TEAMS LANES 5-8 4:00PM-6:30PM LAP SWIM 6:30PM-7:30PM	8 LAP SWIM 5:30AM-4:00PM SWIM TEAMS LANES 5-8 4:00PM-6:30PM LAP SWIM 6:30PM-7:30PM	9 LAP SWIM 5:30AM-4:00PM SWIM TEAMS LANES 5-8 4:00PM-6:30PM LAP SWIM 6:30PM-7:30PM	10 LAP SWIM 5:30AM-4:00PM SWIM TEAMS LANES 5-8 4:00PM-6:30PM LAP SWIM 6:30PM-7:30PM	11 POOL AND SAUNA CLOSED FOR ANNUAL MAINTENANCE	12 POOL AND SAUNA CLOSED FOR ANNUAL MAINTENANCE
13 POOL AND SAUNA CLOSED FOR ANNUAL MAINTENANCE	14 POOL AND SAUNA CLOSED FOR ANNUAL MAINTENANCE	15 POOL AND SAUNA CLOSED FOR ANNUAL MAINTENANCE	16 LAP SWIM 5:30AM-8:30-3:00PM SWIM TEAMS LANES 5-8 3:00PM-6:30PM LAP SWIM 6:30PM-7:30PM	17 LAP SWIM 5:30AM-8:30-3:00PM SWIM TEAMS LANES 5-8 3:00PM-6:30PM LAP SWIM 6:30PM-7:30PM	18 LAP SWIM 5:30AM-8:30-3:00PM SWIM TEAMS LANES 5-8 3:00PM-6:30PM LAP SWIM 6:30PM-7:30PM	19 LAP SWIM 7:30AM-3:30PM
20 LAP SWIM 11:30AM-4:30PM	21 LAP SWIM 5:30AM-8:30-3:00PM SWIM TEAMS LANES 5-8 3:00PM-6:30PM LAP SWIM 6:30PM-7:30PM	22 LAP SWIM 5:30AM-8:30-3:00PM SWIM TEAMS LANES 5-8 3:00PM-6:30PM LAP SWIM 6:30PM-7:30PM	23 LAP SWIM 5:30AM-8:30-3:00PM SWIM TEAMS LANES 5-8 3:00PM-6:30PM LAP SWIM 6:30PM-7:30PM	24 LAP SWIM 5:30AM-8:30-3:00PM SWIM TEAMS LANES 5-8 3:00PM-6:30PM LAP SWIM 6:30PM-7:30PM	25 LAP SWIM 5:30AM-8:30-3:00PM SWIM TEAMS LANES 5-8 3:00PM-6:30PM LAP SWIM 6:30PM-7:30PM *LIFEGUARD TRAINING 5-8	26 LAP SWIM 7:30AM-3:30PM *LIFEGUARD TRAINING
27 LAP SWIM 11:30AM-4:30PM *LIFEGUARD TRAINING	28 LAP SWIM 5:30AM-8:30-3:00PM SWIM TEAMS LANES 5-8 3:00PM-6:30PM LAP SWIM 6:30PM-7:30PM	29 LAP SWIM 5:30AM-8:30-3:00PM SWIM TEAMS LANES 5-8 3:00PM-6:30PM LAP SWIM 6:30PM-7:30PM	30 LAP SWIM 5:30AM-8:30-3:00PM SWIM TEAMS LANES 5-8 3:00PM-6:30PM LAP SWIM 6:30PM-7:30PM	Pool and Sauna Hours Monday-Friday 5:30am-7:30pm Saturday- 7:30am -3:30pm Sunday 11:30am -4:30pm Day Swim Pass Open Swim 1:30pm-3:30pm		

*2 Lanes will always be open for lap swim

Warm Up Pool

2025
APRIL

SUN	MON	TUE	WED	THU	FRI	SAT
		1 OPEN SWIM 5:30AM-10:30AM WATER AEROBICS 10:30AM-11:30AM OPEN SWIM 11:30AM-4:00PM SWIM LESSONS 4:00PM-6:30PM AQUA DANCE 6:30PM-7:30PM	2 OPEN SWIM 5:30AM-10:30AM AQUA AEROBICS 10:30AM-11:30AM OPEN SWIM 11:30AM-4:00PM SWIM LESSONS 4:00PM-7:30PM	3 OPEN SWIM 5:30AM-10:30AM AQUA AEROBICS 10:30AM-11:30AM SWIM LESSONS 11:30AM-1:30PM OPEN SWIM 1:30PM-4:00PM SWIM LESSONS 4:00PM-6:30PM AQUA DANCE 6:30PM-7:30PM	4 OPEN SWIM 5:30AM-10:30AM AQUA STRETCH 10:30AM-11:30AM OPEN SWIM 11:30AM-7:30PM	5 OPEN SWIM 7:30AM-8:30AM SWIM LESSONS 8:30AM-11:00AM AQUA DANCE 11AM-12PM OPEN SWIM 12PM-3:30PM
	6 OPEN SWIM 11:30AM-3:30PM	7 OPEN SWIM 5:30AM-10:30AM AQUA STRETCH 10:30AM-11:30AM OPEN SWIM 11:30AM-1:00PM FOUNDATION KIDS 1:00PM-2:00PM OPEN SWIM 2:00PM-4:00PM SWIM LESSONS 4:00PM-6:30PM OPEN SWIM 6:30PM-7:30PM	8 OPEN SWIM 5:30AM-10:30AM WATER AEROBICS 10:30AM-11:30AM OPEN SWIM 11:30AM-4:00PM SWIM LESSONS 4:00PM-6:30PM AQUA DANCE 6:30PM-7:30PM	9 OPEN SWIM 5:30AM-10:30AM AQUA AEROBICS 10:30AM-11:30AM OPEN SWIM 11:30AM-4:00PM SWIM LESSONS 4:00PM-7:30PM	10 OPEN SWIM 5:30AM-10:30AM AQUA AEROBICS 10:30AM-11:30AM SWIM LESSONS 11:30AM-1:30PM OPEN SWIM 1:30PM-4:00PM SWIM LESSONS 4:00PM-6:30PM AQUA DANCE 6:30PM-7:30PM	11 POOL AND SAUNA CLOSED FOR ANNUAL MAINTENANCE
	13 POOL AND SAUNA CLOSED FOR ANNUAL MAINTENANCE	14 POOL AND SAUNA CLOSED FOR ANNUAL MAINTENANCE	15 POOL AND SAUNA CLOSED FOR ANNUAL MAINTENANCE	16 OPEN SWIM 5:30AM-10:30AM AQUA AEROBICS 10:30AM-11:30AM OPEN SWIM 11:30AM-4:00PM SWIM LESSONS 4:00PM-7:30PM	17 OPEN SWIM 5:30AM-10:30AM AQUA AEROBICS 10:30AM-11:30AM SWIM LESSONS 11:30AM-1:30PM OPEN SWIM 1:30PM-4:00PM SWIM LESSONS 4:00PM-6:30PM AQUA DANCE 6:30PM-7:30PM	18 OPEN SWIM 5:30AM-10:30AM AQUA STRETCH 10:30AM-11:30AM OPEN SWIM 11:30AM-7:30PM
	20 OPEN SWIM 11:30AM-4:30PM	21 OPEN SWIM 5:30AM-10:30AM AQUA STRETCH 10:30AM-11:30AM OPEN SWIM 11:30AM-1:00PM FOUNDATION KIDS 1:00PM-2:00PM OPEN SWIM 2:00PM-4:00PM SWIM LESSONS 4:00PM-6:30PM OPEN SWIM 6:30PM-7:30PM	22 OPEN SWIM 5:30AM-10:30AM WATER AEROBICS 10:30AM-11:30AM OPEN SWIM 11:30AM-4:00PM SWIM LESSONS 4:00PM-6:30PM AQUA DANCE 6:30PM-7:30PM	23 OPEN SWIM 5:30AM-10:30AM AQUA AEROBICS 10:30AM-11:30AM OPEN SWIM 11:30AM-4:00PM SWIM LESSONS 4:00PM-7:30PM	24 OPEN SWIM 5:30AM-10:30AM AQUA AEROBICS 10:30AM-11:30AM SWIM LESSONS 11:30AM-1:30PM OPEN SWIM 1:30PM-4:00PM SWIM LESSONS 4:00PM-6:30PM AQUA DANCE 6:30PM-7:30PM	25 OPEN SWIM 5:30AM-10:30AM AQUA STRETCH 10:30AM-11:30AM OPEN SWIM 11:30AM-7:30PM
	27 OPEN SWIM 11:30AM-4:30PM	28 OPEN SWIM 5:30AM-10:30AM AQUA STRETCH 10:30AM-11:30AM OPEN SWIM 11:30AM-1:00PM FOUNDATION KIDS 1:00PM-2:00PM OPEN SWIM 2:00PM-4:00PM SWIM LESSONS 4:00PM-6:30PM OPEN SWIM 6:30PM-7:30PM	29 OPEN SWIM 5:30AM-10:30AM WATER AEROBICS 10:30AM-11:30AM OPEN SWIM 11:30AM-4:00PM SWIM LESSONS 4:00PM-6:30PM AQUA DANCE 6:30PM-7:30PM	30 OPEN SWIM 5:30AM-10:30AM AQUA AEROBICS 10:30AM-11:30AM OPEN SWIM 11:30AM-4:00PM SWIM LESSONS 4:00PM-7:30PM	Pool and Sauna Hours Monday-Friday 5:30am-7:30pm Saturday- 7:30am -3:30pm Sunday 11:30am -4:30pm Day Swim Pass Open Swim 1:30pm-3:30pm	