



Lap Pool

2024
AUGUST

SUN	MON	TUE	WED	THU	FRI	SAT		
<p>Pool and Sauna Hours Monday-Friday 5:30am-7:30pm Saturday- 7:30am -3:30pm Sunday 11:30am -4:30pm Day Swim Pass Open Swim 1:30pm-3:30pm</p>						<p>1</p> <p>OPEN SWIM 5:30AM-5:00PM SWIM TEAMS LANES 3-8 5:00PM- 6:30PM OPEN SWIM LANES 1-2 5:00PM-7:30PM</p>	<p>2</p> <p>OPEN SWIM 5:30AM-5:00PM SWIM TEAMS LANES 3-8 5:00PM- 6:30PM OPEN SWIM LANES 1-2 5:00PM-7:30PM</p>	<p>3</p> <p>ALL LANES OPEN SWIM</p>
<p>4</p> <p>ALL LANES OPEN SWIM</p>	<p>5</p> <p>OPEN SWIM 5:30AM-5:00PM SWIM TEAMS LANES 3-8 5:00PM- 6:30PM OPEN SWIM LANES 1-2 5:00PM-7:30PM</p>	<p>6</p> <p>OPEN SWIM 5:30AM-5:00PM SWIM TEAMS LANES 3-8 5:00PM- 6:30PM OPEN SWIM LANES 1-2 5:00PM-7:30PM</p>	<p>7</p> <p>OPEN SWIM 5:30AM-5:00PM SWIM TEAMS LANES 3-8 5:00PM- 6:30PM OPEN SWIM LANES 1-2 5:00PM-7:30PM</p>	<p>8</p> <p>OPEN SWIM 5:30AM-5:00PM SWIM TEAMS LANES 3-8 5:00PM- 6:30PM OPEN SWIM LANES 1-2 5:00PM-7:30PM</p>	<p>9</p> <p>OPEN SWIM 5:30AM-5:00PM SWIM TEAMS LANES 3-8 5:00PM- 6:30PM OPEN SWIM LANES 1-2 5:00PM-7:30PM</p>	<p>10</p> <p>ALL LANES OPEN SWIM</p>		
<p>11</p> <p>ALL LANES OPEN SWIM</p>	<p>12</p> <p>OPEN SWIM 5:30AM-5:00PM SWIM TEAMS LANES 3-8 5:00PM- 6:30PM OPEN SWIM LANES 1-2 5:00PM-7:30PM</p>	<p>13</p> <p>OPEN SWIM 5:30AM-5:00PM SWIM TEAMS LANES 3-8 5:00PM- 6:30PM OPEN SWIM LANES 1-2 5:00PM-7:30PM</p>	<p>14</p> <p>OPEN SWIM 5:30AM-5:00PM SWIM TEAMS LANES 3-8 5:00PM- 6:30PM OPEN SWIM LANES 1-2 5:00PM-7:30PM</p>	<p>15</p> <p>OPEN SWIM 5:30AM-5:00PM SWIM TEAMS LANES 3-8 5:00PM- 6:30PM OPEN SWIM LANES 1-2 5:00PM-7:30PM</p>	<p>16</p> <p>OPEN SWIM 5:30AM-5:00PM SWIM TEAMS LANES 3-8 5:00PM- 6:30PM OPEN SWIM LANES 1-2 5:00PM-7:30PM</p>	<p>17</p> <p>ALL LANES OPEN SWIM</p>		
<p>18</p> <p>ALL LANES OPEN SWIM</p>	<p>19</p> <p>OPEN SWIM 5:30AM-5:00PM SWIM TEAMS LANES 3-8 5:00PM- 6:30PM OPEN SWIM LANES 1-2 5:00PM-7:30PM</p>	<p>20</p> <p>OPEN SWIM 5:30AM-5:00PM SWIM TEAMS LANES 3-8 5:00PM- 6:30PM OPEN SWIM LANES 1-2 5:00PM-7:30PM</p>	<p>21</p> <p>OPEN SWIM 5:30AM-5:00PM SWIM TEAMS LANES 3-8 5:00PM- 6:30PM OPEN SWIM LANES 1-2 5:00PM-7:30PM</p>	<p>22</p> <p>OPEN SWIM 5:30AM-5:00PM SWIM TEAMS LANES 3-8 5:00PM- 6:30PM OPEN SWIM LANES 1-2 5:00PM-7:30PM</p>	<p>23</p> <p>OPEN SWIM 5:30AM-5:00PM SWIM TEAMS LANES 3-8 5:00PM- 6:30PM OPEN SWIM LANES 1-2 5:00PM-7:30PM</p>	<p>24</p> <p>ALL LANES OPEN SWIM</p>		
<p>25</p> <p>ALL LANES OPEN SWIM</p>	<p>26</p> <p>OPEN SWIM 5:30AM-5:00PM SWIM TEAMS LANES 3-8 5:00PM-6:30PM OPEN SWIM LANES 1-2 5:00PM-7:30PM</p>	<p>27</p> <p>OPEN SWIM 5:30AM-5:00PM SWIM TEAMS LANES 3-8 5:00PM- 6:30PM OPEN SWIM LANES 1-2 5:00PM-7:30PM</p>	<p>28</p> <p>OPEN SWIM 5:30AM-5:00PM SWIM TEAMS LANES 3-8 5:00PM- 6:30PM OPEN SWIM LANES 1-2 5:00PM-7:30PM</p>	<p>29</p> <p>OPEN SWIM 5:30AM-5:00PM SWIM TEAMS LANES 3-8 5:00PM- 6:30PM OPEN SWIM LANES 1-2 5:00PM-7:30PM</p>	<p>30</p> <p>OPEN SWIM 5:30AM-5:00PM SWIM TEAMS LANES 3-8 5:00PM- 6:30PM OPEN SWIM LANES 1-2 5:00PM-7:30PM</p>	<p>31</p> <p>ALL LANES OPEN SWIM</p>		

Warm Up Pool

2024
AUGUST

SUN	MON	TUE	WED	THU	FRI	SAT
<p>Pool and Sauna Hours Monday-Friday 5:30am-7:30pm Saturday- 7:30am -3:30pm Sunday 11:30am -4:30pm Day Swim Pass Open Swim 1:30pm-3:30pm</p>						<p>1 OPEN SWIM 5:30AM-10:30AM WATER AEROBICS 10:30AM-11:30AM SWIM LESSONS 11:45AM-12:45PM OPEN SWIM 12:45PM-4:00PM SWIM LESSONS 4:00PM-6:30PM AQUA ZUMBA 6:30PM-7:30PM</p>
<p>4 OPEN SWIM 11:30AM-4:30PM</p>	<p>5 OPEN SWIM 5:30AM-10:30AM WATER AEROBICS 10:30AM-11:30AM OPEN SWIM 11:30AM-4:00PM SWIM LESSONS 4:00PM-6:30PM OPEN SWIM 6:30PM-7:30PM</p>	<p>6 OPEN SWIM 5:30AM-10:30AM WATER AEROBICS 10:30AM-11:30AM OPEN SWIM 11:30AM-4:00PM SWIM LESSONS 4:00PM-6:30PM AQUA ZUMBA 6:30PM-7:30PM</p>	<p>7 OPEN SWIM 5:30AM-10:30AM WATER AEROBICS 10:30AM-11:30AM YMCA CAMP SWIM 11:30AM-12:30PM OPEN SWIM 12:30PM-4:00PM SWIM LESSONS 4:00PM-6:30PM ADULT SWIM LESSONS 6:30PM-7:30PM</p>	<p>8 OPEN SWIM 5:30AM-10:30AM WATER AEROBICS 10:30AM-11:30AM SWIM LESSONS 11:45AM-12:45PM OPEN SWIM 12:45PM-4:00PM SWIM LESSONS 4:00PM-6:30PM AQUA ZUMBA 6:30PM-7:30PM</p>	<p>9 OPEN SWIM 5:30AM-10:30AM WATER AEROBICS 10:30AM-11:30AM OPEN SWIM 11:30AM-7:30PM</p>	<p>10 OPEN SWIM 7:30AM-8:30AM SWIM STARTERS 8:30AM-10AM OPEN SWIM 10AM-11AM AQUA ZUMBA 11AM-12PM OPEN SWIM 12PM-3:30PM</p>
<p>11 OPEN SWIM 11:30AM-4:30PM</p>	<p>12 OPEN SWIM 5:30AM-10:30AM WATER AEROBICS 10:30AM-11:30AM OPEN SWIM 11:30AM-4:00PM SWIM LESSONS 4:00PM-6:30PM OPEN SWIM 6:30PM-7:30PM</p>	<p>13 OPEN SWIM 5:30AM-10:30AM WATER AEROBICS 10:30AM-11:30AM OPEN SWIM 11:30AM-4:00PM SWIM LESSONS 4:00PM-6:30PM AQUA ZUMBA 6:30PM-7:30PM</p>	<p>14 OPEN SWIM 5:30AM-10:30AM WATER AEROBICS 10:30AM-11:30AM OPEN SWIM 11:30PM-4:00PM SWIM LESSONS 4:00PM-6:30PM ADULT SWIM LESSONS 6:30PM-7:30PM</p>	<p>15 OPEN SWIM 5:30AM-10:30AM WATER AEROBICS 10:30AM-11:30AM SWIM LESSONS 11:45AM-12:45PM OPEN SWIM 12:45PM-4:00PM SWIM LESSONS 4:00PM-6:30PM AQUA ZUMBA 6:30PM-7:30PM</p>	<p>16 OPEN SWIM 5:30AM-10:30AM WATER AEROBICS 10:30AM-11:30AM OPEN SWIM 11:30AM-7:30PM</p>	<p>17 OPEN SWIM 7:30AM-8:30AM SWIM STARTERS 8:30AM-10AM OPEN SWIM 10AM-11AM AQUA ZUMBA 11AM-12PM OPEN SWIM 12PM-3:30PM</p>
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