







Lap Pool

SUN	MON	TUE	WED	THU	FRI	SAT
	<div>1</div> <div>LAP SWIM 5:30-8:30</div> <div>OPEN SWIM LANES 7-8 1:30-3:30</div> <div>SWIM TEAM LANES 3-8 3PM-6:30PM</div> <div>OPEN SWIM 6:30-8:30PM</div>	<div>2</div> <div>LAP SWIM 5:30AM-8:30PM</div> <div>OPEN SWIM 1:30-3:30PM LANES 7-8</div> <div>SWIM TEAM LANES 3-8 3PM-6:30PM</div> <div>OPEN SWIM 6:30-8:30PM</div>	<div>3</div> <div>LAP SWIM 5:30AM-8:30PM LANES 1-3 CLOSED 10AM-12PM</div> <div>OPEN SWIM 1:30PM-3:30PM LANES 7-8</div> <div>SWIM TEAM LANES 3-8 3PM-6:30PM</div> <div>OPEN SWIM 6:30-8:30PM</div>	<div>4</div> <div>LAP SWIM 5:30AM-8:30PM</div> <div>OPEN SWIM 1:30PM-3:30PM LANES 7-8</div> <div>SWIM MEET POOL CLOSSES AT 4PM</div>	<div>5</div> <div>LAP SWIM 5:30AM-8:30PM</div> <div>OPEN SWIM 1:30PM-3:30PM LANES 7-8</div> <div>SWIM TEAM LANES 3-8 3PM-6:30PM</div> <div>FAMILY NIGHT OPEN SWIM 5:30-8:30PM</div>	<div>6</div> <div>LAP SWIM 730AM-3:330PM</div> <div>OPEN SWIM 1:30PM-3:30PM LANES 7-8</div>
<div>7</div> <div>LAP SWIM 11:30-4:30</div>	<div>8</div> <div>LAP SWIM 5:30-8:30</div> <div>OPEN SWIM LANES 7-8 1:30-3:30</div> <div>SWIM TEAM LANES 3-8 3PM-6:30PM</div> <div>OPEN SWIM 6:30-8:30PM</div>	<div>9</div> <div>LAP SWIM 5:30AM-8:30PM</div> <div>OPEN SWIM 1:30-3:30PM LANES 7-8</div> <div>SWIM TEAM LANES 3-8 3PM-6:30PM</div> <div>OPEN SWIM 6:30-8:30PM</div>	<div>10</div> <div>LAP SWIM 5:30AM-8:30PM</div> <div>OPEN SWIM 1:30PM-3:30PM LANES 7-8</div> <div>SWIM TEAM LANES 3-8 3PM-6:30PM</div> <div>OPEN SWIM 6:30-8:30PM</div>	<div>11</div> <div>LAP SWIM 5:30AM-8:30PM</div> <div>OPEN SWIM 1:30PM-3:30PM LANES 7-8</div> <div>SWIM TEAM LANES 3-8 3PM-6:30PM</div> <div>OPEN SWIM 6:30-8:30PM</div>	<div>12</div> <div>LAP SWIM 5:30AM-8:30PM</div> <div>OPEN SWIM 1:30PM-3:30PM LANES 7-8</div> <div>SWIM TEAM LANES 3-8 3PM-3:30PM</div> <div>SWIM MEET POOL CLOSSES AT 4PM</div>	<div>13</div> <div>LAP SWIM 8:30AM-11:30AM</div> <div>11:30 AM TILL POOL CLOSED FOR BARTON SWIM MEET</div>
<div>14</div> <div>LAP SWIM 11:30AM-4:30PM</div> <div>OPEN SWIM 1:30PM-3:30PM LANES 7-8</div>	<div>15</div> <div>LAP SWIM 5:30AM-8:30PM</div> <div>OPEN SWIM 1:30-3:30PM LANES 7-8</div> <div>SWIM TEAM LANES 3-8 3PM-6:30PM</div> <div>OPEN SWIM 6:30-8:30PM</div>	<div>16</div> <div>LAP SWIM 5:30AM-8:30PM</div> <div>OPEN SWIM 1:30-3:30PM LANES 7-8</div> <div>SWIM TEAM LANES 3-8 3PM-6:30PM</div> <div>OPEN SWIM 6:30-8:30PM</div>	<div>17</div> <div>LAP SWIM 5:30AM-730PM</div> <div>OPEN SWIM 1:30PM-3:30PM LANES 7-8</div> <div>SWIM TEAM LANES 3-8 3PM-6:30PM</div> <div>OPEN SWIM 6:30-8:30PM</div>	<div>18</div> <div>LAP SWIM 5:30AM-8:30PM</div> <div>OPEN SWIM 1:30PM-3:30PM LANES 7-8</div> <div>SWIM TEAM LANES 3-8 3PM-6:30PM</div> <div>OPEN SWIM 6:30-8:30PM</div>	<div>19</div> <div>LAP SWIM 5:30AM-7:30PM</div> <div>OPEN SWIM 1:30PM-4:30PM LANES 7-8</div> <div>4:30PM TILL CLOSED FOR SWIM MEET</div>	<div>20</div> <div>LAP SWIM 8:30-3:30PM</div> <div>OPEN SWIM 1:30-3:30PM LANES 7-8</div>
<div>21</div> <div>LAP SWIM 11:30AM-4:30PM</div> <div>OPEN SWIM 1:30-3:30 LANES 7-8</div>	<div>22</div> <div>LAP SWIM 5:30AM-8:30PM</div> <div>OPEN SWIM 1:30-3:30 LANES 7-8</div> <div>SWIM TEAM 5:00PM-6:30PM LANES 5-8</div> <div>SWIM TEAM LANES 3-8 3PM-6:30PM</div> <div>OPEN SWIM 6:30-8:30PM</div>	<div>23</div> <div>LAP SWIM 5:30AM-8:30PM</div> <div>OPEN SWIM 1:30PM-3:30PM LANES 7-8</div> <div>SWIM TEAM 5:00- 6:30PM LANES 5-8</div> <div>SWIM TEAM LANES 3-8 3PM-6:30PM</div> <div>OPEN SWIM 6:30-8:30PM</div>	<div>24</div> <div>CLOSED</div> <div></div>	<div>25</div> <div>CLOSED</div> <div></div>	<div>26</div> <div>LAP SWIM 5:30AM-7:30PM</div> <div>OPEN SWIM 1:30PM-4:30PM LANES 7-8</div> <div>4:30PM TILL CLOSED FOR SWIM MEET</div>	<div>27</div> <div>LAP SWIM 8:30AM-3:30PM</div>
<div>28</div> <div>LAP SWIM 11:30AM-4:30PM</div> <div>OPEN SWIM 1:30-3:30PM LANES 7-8</div>	<div>29</div> <div>LAP SWIM 5:30-8:30P</div> <div>OPEN SWIM 1:30-3:30 LANES 7-8</div> <div>SWIM TEAM LANES 3-8 3PM-6:30PM</div> <div>OPEN SWIM 6:30-8:30PM</div>	<div>30</div> <div>LAP SWIM 5:30PM-8:30PM</div> <div>OPEN SWIM 1:30-3:30PM LANES 7-8</div> <div>SWIM TEAM LANES 3-8 3PM-6:30PM</div> <div>OPEN SWIM 6:30-8:30PM</div>	<div>31</div> <div>LAP SWIM 5:30AM-8:30PM</div> <div>OPEN SWIM 1:30PM-3:30PM LANES 7-8</div> <div>SWIM TEAM LANES 3-8 3PM-6:30PM</div> <div>YMCA CLOSSES AT 5PM</div>	<div></div> <div> <div>Pool and Sauna Hours</div> <div>Monday-Friday 5:30am-8:30pm</div> <div>Saturday- 8:30am -3:30pm</div> <div>Sunday 11:30am -4:30pm</div> <div>Day Swim Pass Open Swim 1:30pm-3:30pm</div> <div>*2 Lanes will always be open for lap swim</div> </div>		

Warm Up Pool

2025
DECEMBER

SUN	MON	TUE	WED	THU	FRI	SAT
	1 OPEN SWIM 5:30AM-10:30AM AQUA STRETCH 10:30AM-11:30AM OPEN SWIM 11:30AM-4:00PM	2 OPEN SWIM 5:30AM-10:30AM WATER AEROBICS 10:30AM-11:30AM OPEN SWIM 11:30AM-4:00PM AQUA DANCE 6:30PM-7:30PM OPEN SWIM 7:30-8:30PM	3 OPEN SWIM 5:30-10:30AM WATER AEROBICS 10:30-11:30 OPEN SWIM 11:30-4:00PM	4 OPEN SWIM 5:30-10:30AM WATER AEROBICS 10:30-11:30 OPEN SWIM 11:30-4:00PM SWIM LESSONS FOUNDATION KIDS 1:00-1:30 SWIM MEET POOL CLOSSES AT 4PM	5 OPEN SWIM 5:30AM-10:30AM AQUA STRETCH 10:30AM-11:30AM OPEN SWIM 11:30AM-7:30PM	6 OPEN SWIM 8:30-8:30 AQUA DANCE 11AM-12PM OPEN SWIM 12:00PM-3:30PM
7 OPEN SWIM 11:30AM-3:30PM	8 OPEN SWIM 5:30AM-10:30AM AQUA STRETCH 10:30AM-11:30AM OPEN SWIM 11:30AM-4:00PM	9 OPEN SWIM 5:30AM-10:30AM WATER AEROBICS 10:30AM-11:30AM OPEN SWIM 11:30AM-4:00PM AQUA DANCE 6:30PM-7:30PM OPEN SWIM 7:30-8:30PM	10 OPEN SWIM 5:30-10:30AM WATER AEROBICS 10:30-11:30 OPEN SWIM 11:30-4:00PM	11 OPEN SWIM 5:30-10:30AM WATER AEROBICS 10:30-11:30 OPEN SWIM 11:30-4:00PM ADULT SWIM LESSONS 11:45-12:45 SWIM LESSONS FOUNDATION KIDS 1:00-1:30	12 OPEN SWIM 5:30AM-10:30AM AQUA STRETCH 10:30AM-11:30AM OPEN SWIM 11:30AM-3:30PM SWIM MEET POOL CLOSSES AT 4PM	13 OPEN SWIM 8:30-8:30AM AQUA DANCE 11:00AM-12:00PM OPEN SWIM 12:00PM-3:30PM
16 OPEN SWIM 11:30-3:30PM	15 OPEN SWIM 5:30-10:30AM AQUA STRETCH 10:30-11:30 OPEN SWIM 11:30-4:00PM	16 OPEN SWIM 5:30-10:30AM WATER AEROBICS 10:30AM-11:30AM OPEN SWIM 11:30-AM-4:00PM AQUA DANCE 6:30P-7:30PM OPEN SWIM 7:30-8:30PM	17 OPEN SWIM 5:30-10:30AM WATER AEROBICS 10:30-11:30 OPEN SWIM 11:30-4:00PM	18 OPEN SWIM 5:30-10:30AM WATER AEROBICS 10:30-11:30 OPEN SWIM 11:30-4:00PM ADULT SWIM LESSONS 11:45-12:45 SWIM LESSONS FOUNDATION KIDS 1:00-1:30	19 OPEN SWIM 5:30AM-10:30AM AQUA STRETCH 10:30AM-11:30AM OPEN SWIM 11:30AM-4:30PM 4:30PM TILL CLOSED FOR SWIM MEET	20 OPEN SWIM-8:30AM-8:30AM AQUA DANCE 11:00AM-12:00PM OPEN SWIM 12:00PM-3:30PM
21 OPEN SWIM 11:30AM-4:30PM	22 OPEN SWIM 5:30-10:30 AQUA STRETCH 10:30AM-11:30AM OPEN SWIM 11:30-4:00PM	23 OPEN SWIM 5:30-10:30 WATER AEROBICS 10:30A-11:30AM OPEN SWIM- 11:30AM-4:00PM AQUA DANCE 6:30PM-7:30PM OPEN SWIM 7:30-8:30PM	24  CLOSED	25  CLOSED	26 OPEN SWIM 5:30-10:30 AQUA STRETCH 10:30-11:30 OPEN SWIM 11:30-4:30PM 4:30PM TILL CLOSED FOR SWIM MEET	27 OPEN SWIM 8:30AM-8:30AM AQUA DANCE 11:00AM-12:00PM OPEN SWIM 12:00P-3:30PM
28 OPEN SWIM 11:30AM-4:30PM	29 OPEN SWIM 5:30AM-10:30AM AQUA STRETCH 10:30AM-11:30AM OPEN SWIM 11:30AM-4:00PM	30 OPEN SWIM 5:30-10:30AM WATER AEROBICS 10:30-11:30AM OPEN SWIM 11:30-4:00PM AQUA DANCE 6:30PM-7:30PM OPEN SWIM 7:30-8:30PM	31 OPEN SWIM 5:30-10:30AM WATER AEROBICS 10:30-11:30 OPEN SWIM 11:30-4:00PM YMCA CLOSSES AT 5PM	 <div> Pool and Sauna Hours Monday-Friday 5:30am-8:30pm Saturday- 8:30am -3:30pm Sunday 11:30am -4:30pm Day Swim Pass Open Swim 1:30pm-3:30pm *2 Lanes will always be open for lap swim </div>		