



Foundation YMCA Gym Schedule

Important: Gym Schedules are subject to change

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday				
5 am		Court B- Full Court Ages 16+	Court B- Full Court Ages 16+	Court B- Full Court Ages 16+	Court B- Full Court Ages 16+	Court B- Full Court Ages 16+					
6 am		Court A- Open Court Basketball	Court A- Open Court Basketball	Court A- Open Court Basketball	Court A- Open Court Basketball	Court A- Open Court Basketball					
7 am		Courts A&B Open Court Basketball	Court B- Open Court Basketball	Courts A&B Open Court Basketball	Court B- Open Court Basketball	Courts A&B Open Court Basketball	Court B- Open Court Basketball				
8 am			Court A - Pickleball		Court A - Pickleball		Court A - Pickleball				
9 am			Court B- Full Court Ages 16+		Court B- Full Court Ages 16+		Court B- Full Court Ages 16+				
10 am			Court A- Open Court Basketball		Court A- Open Court Basketball		Court A- Open Court Basketball				
11 am	Court B- Full Court Ages 16+ Court A- Open Court Basketball *Gym Closes 15 mins early	Court B- Open Court Basketball	Court B- Full Court Ages 16+	Courts A&B Open Court Basketball	Court B- Full Court Ages 16+	Courts A&B Open Court Basketball	Court B- Full Court Ages 16+				
12 pm			Court A- Open Court Basketball		Court A- Open Court Basketball		Court A- Open Court Basketball				
1 pm		Court B- Reserved for Foundation Kids	Court A- Open Court Basketball		Court B- Open Court Basketball		Court A - Pickleball	Court A- Open Court Basketball	Court A- Open Court Basketball		
2 pm									Court A - Pickleball	Court A - Pickleball	Court A - Pickleball
3 pm									Court B- Open Court Basketball	Court B- Open Court Basketball	Court B- Open Court Basketball
4 pm		Court A - Reserved for Y-GIG Programing	Court A - Reserved for Y-GIG Programing	Court A - Reserved for Y-GIG Programing	Court A - Reserved for Y-GIG Programing	Court A - Reserved for Y-GIG Programing					
5 pm		Court B- Full Court Ages 16+	Court B- Full Court Ages 16+	Court B- Full Court Ages 16+	Court B- Full Court Ages 16+	Court B- Full Court Ages 16+					
6 pm		Court A- Open Court Basketball	Court A- Open Court Basketball	Court A- Open Court Basketball	Court A- Open Court Basketball	Court A- Open Court Basketball					
7 pm		*Gym closes 15 mins early	*Gym closes 15 mins early	*Gym closes 15 mins early	*Gym closes 15 mins early	*Gym closes 15 mins early					