

# FOUNDATION YMCA GYM SCHEDULE

## COURT A



SUN	MON	TUE	WED	THUR	FRI	SAT
	<div>5 AM - 1 PM</div> <div>OPEN COURT BASKETBALL</div>	<div>5 AM - 7 AM</div> <div>OPEN COURT BASKETBALL</div>	<div>5 AM - 10 AM</div> <div>OPEN COURT BASKETBALL</div>	<div>5 AM - 1 PM</div> <div>OPEN COURT BASKETBALL</div>	<div>5 AM - 1 PM</div> <div>OPEN COURT BASKETBALL</div>	
		<div>7 AM - 11 AM</div> <div>PICKLEBALL</div>				<div>7 AM - 9 AM</div> <div>PICKLEBALL</div>
						<div>9 AM - 3:45 PM</div> <div>OPEN COURT BASKETBALL</div>
<div>11 AM - 4:45 PM</div> <div>OPEN COURT BASKETBALL</div>	<div>1 PM - 4 PM</div> <div>PICKLEBALL</div>	<div>11 AM - 4 PM</div> <div>OPEN COURT BASKETBALL</div>		<div>1 PM - 4 PM</div> <div>PICKLEBALL</div>		
	<div>4 PM - 6 PM</div> <div>RESERVED FOR Y-GIG PROGRAM</div>	<div>4 PM - 6 PM</div> <div>RESERVED FOR Y-GIG PROGRAM</div>	<div>4 PM - 6 PM</div> <div>RESERVED FOR Y-GIG PROGRAM</div>	<div>4 PM - 6 PM</div> <div>RESERVED FOR Y-GIG PROGRAM</div>	<div>4 PM - 6 PM</div> <div>RESERVED FOR Y-GIG PROGRAM</div>	
	<div>6 PM - 8:45 PM</div> <div>HALF COURT OPEN GYM</div>	<div>6 PM - 8:45 PM</div> <div>HALF COURT OPEN GYM</div>	<div>6 PM - 8:45 PM</div> <div>HALF COURT OPEN GYM</div>	<div>6 PM - 8:45 PM</div> <div>FULL COURT BASKETBALL AGES 16+</div>	<div>6 PM - 8:45 PM</div> <div>HALF COURT OPEN GYM</div>	

# FOUNDATION YMCA GYM SCHEDULE

## COURT B



SUN

MON

TUE

WED

THUR

FRI

SAT

5 AM - 7 AM

FULL COURT  
BASKETBALL  
AGES 16+

5 AM - 7 AM

FULL COURT  
BASKETBALL  
AGES 16+

5 AM - 7 AM

FULL COURT  
BASKETBALL  
AGES 16+

5 AM - 7 AM

FULL COURT  
BASKETBALL  
AGES 16+

5 AM - 7 AM

FULL COURT  
BASKETBALL  
AGES 16+

7 AM - 9 AM

OPEN  
COURT  
BASKETBALL

7 AM - 11 AM

OPEN  
COURT  
BASKETBALL

7 AM - 11 AM

OPEN  
COURT  
BASKETBALL

7 AM - 11 AM

OPEN  
COURT  
BASKETBALL

7 AM - 11 AM

OPEN  
COURT  
BASKETBALL

7 AM - 1 PM

OPEN  
COURT  
BASKETBALL

11 AM - 1 PM

RESERVED  
COURT -  
FITNESS  
FUN

11 AM - 1 PM

FULL COURT  
BASKETBALL  
AGES 16+

11 AM - 1 PM

RESERVED  
COURT -  
DIVERSIFIED

11 AM - 1 PM

FULL COURT  
BASKETBALL  
AGES 16+

9 AM - 10 AM

RESERVED  
COURT -  
LEVEL UP KIDS  
GROUP FITNESS

11AM - 4:45 PM

FULL COURT  
BASKETBALL  
AGES 16+

11 PM - 3:45 PM

FULL COURT  
BASKETBALL  
AGES 16+

1 PM - 11 AM

OPEN  
COURT  
BASKETBALL

1 PM - 3 PM

RESERVED  
COURT -  
FOUNDATION  
KIDS

1 PM - 3 PM

RESERVED  
COURT -  
FOUNDATION  
KIDS

1 PM - 5 PM

OPEN  
COURT  
BASKETBALL

1 PM - 3 PM

RESERVED  
COURT -  
FOUNDATION  
KIDS

3 PM - 6 PM

OPEN  
COURT  
BASKETBALL

3 PM - 6 PM

OPEN  
COURT  
BASKETBALL

3 PM - 6 PM

OPEN  
COURT  
BASKETBALL

3 PM - 6 PM

OPEN  
COURT  
BASKETBALL

5 PM - 7 PM

RESERVED  
COURT -  
TWEEN NIGHT

7 PM - 8:45 PM  
OPEN COURT  
BASKETBALL

6 PM - 8:45 PM

FULL COURT  
BASKETBALL  
AGES 16+

6 PM - 8:45 PM

FULL COURT  
BASKETBALL  
AGES 16+

6 PM - 8:45 PM

FULL COURT  
BASKETBALL  
AGES 16+

6 PM - 8:45 PM

FULL COURT  
BASKETBALL  
AGES 16+