

FOUNDATION YMCA GYM SCHEDULE

COURT A



SUN MON TUE WED THUR FRI SAT

	5 AM - 1 PM OPEN COURT BASKETBALL	5 AM - 7 AM OPEN COURT BASKETBALL 7 AM - 11 AM PICKLEBALL	5 AM - 10 AM OPEN COURT BASKETBALL	5 AM - 1 PM OPEN COURT BASKETBALL	5 AM - 1 PM OPEN COURT BASKETBALL	
11AM - 4:45 PM OPEN COURT BASKETBALL		11 AM - 4 PM OPEN COURT BASKETBALL		1PM - 4PM PICKLEBALL		9 AM - 3:45 PM OPEN COURT BASKETBALL
	1PM - 4PM PICKLEBALL					
	4 PM - 6PM RESERVED FOR Y-GIG PROGRAM	4 PM - 6PM RESERVED FOR Y-GIG PROGRAM	4 PM - 6PM RESERVED FOR Y-GIG PROGRAM	4 PM - 6PM RESERVED FOR Y-GIG PROGRAM	4 PM - 6PM RESERVED FOR Y-GIG PROGRAM	
	6 PM - 8:45 PM HALF COURT OPEN GYM	6 PM - 8:45 PM HALF COURT OPEN GYM	6 PM - 8:45 PM HALF COURT OPEN GYM	6 PM - 8:45 PM FULL COURT BASKETBALL AGES 16+	6 PM - 7:45 PM HALF COURT OPEN GYM	



FOUNDATION YMCA GYM SCHEDULE

COURT B

SUN MON TUE WED THUR FRI SAT

	5 AM - 7 AM FULL COURT BASKETBALL AGES 16+	5 AM - 7 AM FULL COURT BASKETBALL AGES 16+	5 AM - 7 AM FULL COURT BASKETBALL AGES 16+	5 AM - 7 AM FULL COURT BASKETBALL AGES 16+	5 AM - 7 AM FULL COURT BASKETBALL AGES 16+	
11AM - 4:45 PM FULL COURT BASKETBALL AGES 16+	7 AM - 11 AM OPEN COURT BASKETBALL	7 AM - 11 AM OPEN COURT BASKETBALL	7 AM - 11 AM OPEN COURT BASKETBALL	7 AM - 11 AM OPEN COURT BASKETBALL	7 AM - 1 PM OPEN COURT BASKETBALL	7 AM - 9 AM OPEN COURT BASKETBALL
	11 AM - 1 PM FULL COURT BASKETBALL AGES 16+	11 AM - 1 PM RESERVED COURT - FITNESS FUN	11 AM - 1 PM RESERVED COURT - DIVERSIFIED	11 AM - 1 PM FULL COURT BASKETBALL AGES 16+		9 AM - 10 AM RESERVED COURT - LEVEL UP KIDS GROUP FITNESS
	1 PM - 11 AM OPEN COURT BASKETBALL	1 PM - 3 PM RESERVED COURT - FOUNDATION KIDS	1 PM - 3 PM RESERVED COURT - FOUNDATION KIDS	1 PM - 5 PM OPEN COURT BASKETBALL	1 PM - 3 PM RESERVED COURT - FOUNDATION KIDS	11 PM - 3:45 PM FULL COURT BASKETBALL AGES 16+
		3 PM - 6 PM OPEN COURT BASKETBALL	3 PM - 6 PM OPEN COURT BASKETBALL		3 PM - 6 PM OPEN COURT BASKETBALL	
	6 PM - 8:45 PM FULL COURT BASKETBALL AGES 16+	6 PM - 8:45 PM FULL COURT BASKETBALL AGES 16+	6 PM - 8:45 PM FULL COURT BASKETBALL AGES 16+	5 PM - 7 PM RESERVED COURT - TWEEN NIGHT	6 PM - 7:45 PM FULL COURT BASKETBALL AGES 16+	
				7 PM - 8:45 PM OPEN COURT BASKETBALL		