


2025
JULY


Lap Pool

SUN	MON	TUE	WED	THU	FRI	SAT
		1 LAP SWIM 5:30-11:30 FIRE DEPARTMENT TRAINING LANE 1&2 9:00-11:00	2 LAP SWIM 5:30-11:30 FIRE DEPARTMENT TRAINING LANE 1&2 9:00-11:00	3 LAP SWIM 5:30-11:30	4 CLOSED FOR 4 TH OF JULY	5 LAP SWIM 7:30-3:30
6 LAP SWIM 11:30AM-4:30PM	7 LAP SWIM 5:30AM-5:00PM SWIM TEAMS LANES 5-8 5:00PM-6:30PM LAP SWIM 6:30PM-7:30PM	8 LAP SWIM 5:30AM-5:00PM SWIM TEAMS LANES 5-8 5:00PM-6:30PM LAP SWIM 6:30PM-7:30PM	9 LAP SWIM 5:30AM-7:30PM	10 LAP SWIM 5:30AM-5:00PM SWIM TEAMS LANES 5-8 5:00PM-6:30PM LAP SWIM 6:30PM-7:30PM	11 LAP SWIM 5:30AM-5:00PM SWIM TEAMS LANES 5-8 5:00PM-6:30PM LAP SWIM 6:30PM-7:30PM	12 LAP SWIM 7:30AM-3:30PM
13 LAP SWIM 11:30AM-4:30PM	14 LAP SWIM 5:30AM-5:00PM SWIM TEAMS LANES 5-8 5:00PM-6:30PM LAP SWIM 6:30PM-7:30PM	15 LAP SWIM 5:30AM-5:00PM SWIM TEAMS LANES 5-8 5:00PM-6:30PM LAP SWIM 6:30PM-7:30PM	16 LAP SWIM 5:30AM-8:30PM	17 LAP SWIM 5:30AM-5:00PM SWIM TEAMS LANES 5-8 5:00PM-6:30PM LAP SWIM 6:30PM-7:30PM	18 LAP SWIM 5:30AM-5:00PM SWIM TEAMS LANES 5-8 5:00PM-6:30PM LAP SWIM 6:30PM-7:30PM *LIFEGUARD TRAINING 5-8	19 LAP SWIM 7:30AM-3:30PM *LIFEGUARD TRAINING
20 LAP SWIM 11:30AM-4:30PM *LIFEGUARD TRAINING	21 LAP SWIM 5:30AM-5:00PM SWIM TEAMS LANES 5-8 5:00PM-6:30PM LAP SWIM 6:30PM-7:30PM	22 LAP SWIM 5:30AM-5:00PM SWIM TEAMS LANES 5-8 5:00PM-6:30PM LAP SWIM 6:30PM-7:30PM	23 LAP SWIM 5:30AM-8:30PM	24 LAP SWIM 5:30AM-5:00PM SWIM TEAMS LANES 5-8 5:00PM-6:30PM LAP SWIM 6:30PM-7:30PM	25 LAP SWIM 5:30AM-5:00PM SWIM TEAMS LANES 5-8 5:00PM-6:30PM LAP SWIM 6:30PM-7:30PM	26 LAP SWIM 7:30AM-3:30PM
27 LAP SWIM 11:30AM-4:30PM	28 LAP SWIM 5:30AM-5:00PM SWIM TEAMS LANES 5-8 5:00PM-6:30PM LAP SWIM 6:30PM-7:30PM	29 LAP SWIM 5:30-5:00PM SWIM TEAM LANES 5-8 5:00PM-6:30PM LAP SWIM 6:30-7:30PM	30 LAP SWIM 5:30 AM-5:00PM SWIM TEAM LANES 5-8 5:00PM-6:30PM LAP SWIM 6:30PM-7:30PM	31 LAP SWIM 5:30AM-5:00PM SWIM TEAMS LANES 5-8 5:00PM-6:30PM LAP SWIM 6:30PM-7:30PM	 <p>Pool and Sauna Hours Monday-Friday 5:30am-7:30pm Saturday- 7:30am -3:30pm Sunday 11:30am -4:30pm Day Swim Pass Open Swim 1:30pm-3:30pm</p>	

*2 Lanes will always be open for lap swim

Warm Up Pool

2025
JULY

SUN	MON	TUE	WED	THU	FRI	SAT
		1 OPEN SWIM 5:30AM-11:30AM POOL CLOSSES AT 11:30AM	2 OPEN SWIM 5:30AM-11:30AM POOL CLOSSES AT 11:30AM	3 OPEN SWIM 5:30AM-11:30AM POOL CLOSSES 11:30 AM	4 POOL CLOSED FOR 4 TH OF JULY	5 OPEN SWIM 7:30AM-8:30AM SWIM LESSONS 8:30AM-11:00AM AQUA DANCE 11AM-12PM OPEN SWIM 12PM-3:30PM
6 OPEN SWIM 11:30AM-3:30PM	7 OPEN SWIM 5:30AM-10:30AM AQUA STRETCH 10:30AM-11:30AM OPEN SWIM 11:30AM-4:00PM SWIM LESSONS 4:00PM-6:30PM OPEN SWIM 6:30PM-7:30PM	8 OPEN SWIM 5:30AM-10:30AM WATER AEROBICS 10:30AM-11:30AM OPEN SWIM 11:30AM-4:00PM SWIM LESSONS 4:00PM-6:30PM AQUA DANCE 6:30PM-7:30PM	9 OPEN SWIM 5:30AM-10:30AM AQUA AEROBICS 10:30AM-11:30AM OPEN SWIM 11:30AM-4:00PM SWIM LESSONS 4:00PM-7:30PM	10 OPEN SWIM 5:30AM-10:30AM AQUA AEROBICS 10:30AM-11:30AM SWIM LESSONS 11:30AM-12:30PM OPEN SWIM 12:30PM-4:00PM SWIM LESSONS 4:00PM-6:30PM AQUA DANCE 6:30PM-7:30PM	11 OPEN SWIM 5:30AM-10:30AM AQUA STRETCH 10:30AM-11:30AM OPEN SWIM 11:30AM-7:30PM	12 OPEN SWIM 7:30AM-8:30AM SWIM LESSONS 8:30AM-11:00AM AQUA DANCE 11AM-12PM OPEN SWIM 12PM-3:30PM
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