Lap Pool

5:00PM-6:30PM

LAP SWIM 6:30PM-7:30PM

202

5	SUN	MON	TUE	WED	THU	FRI	SAT
	1 LAP SWIM 11:30AM-4:30PM	2 LAP SWIM 5:30AM-5:00PM SWIM TEAMS LANES 5-8 5:00PM-6:30PM LAP SWIM 6:30PM-7:30PM	3 LAP SWIM 5:30AM-5:00PM SWIM TEAMS LANES 5-8 5:00PM-6:30PM LAP SWIM 6:30PM-7:30PM	4 LAP SWIM 5:30AM-7:30PM	5:00PM SWIM TEAMS LANES 3-8 5:00PM-6:30PM	6 LAP SWIM 5:30AM-8:30- 5:00PM SWIM TEAMS LANES 3-8 5:00PM-6:30PM LAP SWIM 6:30PM-7:30PM	7 LAP SWIM 7:30AM-3:30PM
	8 LAP SWIM 11:30AM-4:30PM	9 LAP SWIM 5:30AM-5:00PM SWIM TEAMS LANES 5-8 5:00PM-6:30PM LAP SWIM 6:30PM-7:30PM	10 LAP SWIM 5:30AM-5:00PM SWIM TEAMS LANES 5-8 5:00PM-6:30PM LAP SWIM 6:30PM-7:30PM	11 LAP SWIM 5:30AM-7:30PM	SWIM TEAMS LANES 5-8 5:00PM-6:30PM	13 LAP SWIM 5:30AM-5:00PM SWIM TEAMS LANES 5-8 5:00PM-6:30PM LAP SWIM 6:30PM-7:30PM	14 LAP SWIM 7:30AM-3:30PM
	15 LAP SWIM 11:30AM-4:30PM	16 LAP SWIM 5:30AM-5:00PM SWIM TEAMS LANES 5-8 5:00PM-6:30PM LAP SWIM 6:30PM-7:30PM	17 LAP SWIM 5:30AM-5:00PM SWIM TEAMS LANES 5-8 5:00PM-6:30PM LAP SWIM 6:30PM-7:30PM	18 LAP SWIM 5:30AM-8:30PM	SWIM TEAMS LANES 5-8 5:00PM-6:30PM	20 LAP SWIM 5:30AM-5:00PM SWIM TEAMS LANES 5-8 5:00PM-6:30PM LAP SWIM 6:30PM-7:30PM *LIFEGUARD TRAINING 5-8	21 LAP SWIM 7:30AM-3:30PM *LIFEGUARD TRAINING
	22 LAP SWIM 11:30AM-4:30PM *LIFEGUARD TRAINING	SWIM TEAMS LANES 5-8 5:00PM-6:30PM	24 LAP SWIM 5:30AM-5:00PM SWIM TEAMS LANES 5-8 5:00PM-6:30PM LAP SWIM 6:30PM-7:30PM	25 LAP SWIM 5:30AM-8:30PM	SWIM TEAMS LANES 5-8 5:00PM-6:30PM	27 LAP SWIM 5:30AM-5:00PM SWIM TEAMS LANES 5-8 5:00PM-6:30PM LAP SWIM 6:30PM-7:30PM	28 LAP SWIM 7:30AM-3:30PM
	29 LAP SWIM 11:30AM-4:30PM	30 LAP SWIM 5:30AM-5:00PM SWIM TEAMS LANES 5-8		• • • • • • • • • • • • • • • • • • •		Pool and Sauna Hour	



Pool and Sauna Hours

Monday-Friday 5:30am-7:30pm

Saturday- 7:30am-3:30pm

Sunday 11:30am-4:30pm

Day Swim Pass Open Swim 1:30pm-3:30pm

Warm Up Pool

11:30AM

6:30PM

OPEN SWIM 11:30AM-4:00PM SWIM LESSONS 4:00PM-

OPEN SWIM 6:30PM-7:30PM

202

SUN	MON	TUE	WED	THU	FRI	SAT
I DPEN SWIM 11:30AM-3:30PM	2 OPEN SWIM 5:30AM-10:30AM AQUA STRETCH 10:30AM- 11:30AM OPEN SWIM 11:30AM-4:00PM SWIM LESSONS 4:00PM- 6:30PM OPEN SWIM 6:30PM-7:30PM	3 OPEN SWIM 5:30AM-10:30AM WATER AEROBICS 10:30AM-11:30AM OPEN SWIM 11:30AM-4:00PM SWIM LESSONS 4:00PM- 6:30PM AQUA DANCE 6:30PM-7:30PM	4 OPEN SWIM 5:30AM-10:30AM AQUA AEROBICS 10:30AM- 11:30AM OPEN SWIM 11:30AM-4:00PM SWIM LESSONS 4:00PM- 7:30PM	5 OPEN SWIM 5:30AM-10:30AM AQUA AEROBICS 10:30AM-11:30AM SWIM LESSONS 11:30AM- 12:30PM OPEN SWIM 12:30PM-4:00PM SWIM LESSONS 4:00PM- 6:30PM AQUA DANCE 6:30PM-7:30PM	6 OPEN SWIM 5:30AM-10:30AM AQUA STRETCH 10:30AM- 11:30AM OPEN SWIM 11:30AM-7:30PM	7 OPEN SWIM 7:30AM-8:30AM SWIM LESSONS 8:30AM- 11:00AM AQUA DANCE 11AM-12PM OPEN SWIM 12PM-3:30PM
8 OPEN SWIM 11:30AM-3:30PM	9 OPEN SWIM 5:30AM-10:30AM AQUA STRETCH10:30AM- 11:30AM OPEN SWIM 11:30AM-4:00PM SWIM LESSONS 4:00PM- 6:30PM OPEN SWIM 6:30PM-7:30PM	10 OPEN SWIM 5:30AM-10:30AM WATER AEROBICS 10:30AM-11:30AM OPEN SWIM 11:30AM-4:00PM SWIM LESSONS 4:00PM- 6:30PM AQUA DANCE 6:30PM-7:30PM	11 OPEN SWIM 5:30AM-10:30AM AQUA AEROBICS 10:30AM- 11:30AM OPEN SWIM 11:30AM-4:00PM SWIM LESSONS 4:00PM- 7:30PM	12 OPEN SWIM 5:30AM-10:30AM AQUA AEROBICS 10:30AM-11:30AM SWIM LESSONS 11:30AM- 12:30PM OPEN SWIM 12:30PM-4:00PM SWIM LESSONS 4:00PM- 6:30PM AQUA DANCE 6:30PM-7:30PM	13 OPEN SWIM 5:30AM-10:30AM AQUA STRETCH 10:30AM- 11:30AM OPEN SWIM 11:30AM-7:30PM	14 OPEN SWIM 7:30AM-8:30AM SWIM LESSONS 8:30AM- 11:00AM AQUA DANCE 11AM-12PM OPEN SWIM 12PM-3:30PM
15 OPEN SWIM 11:30AM-3:30PM	16 OPEN SWIM 5:30AM-10:30AM AQUA STRETCH10:30AM- 11:30AM OPEN SWIM 11:30AM-4:00PM SWIM LESSONS 4:00PM- 6:30PM OPEN SWIM 6:30PM-7:30PM	17 OPEN SWIM 5:30AM-10:30AM WATER AEROBICS 10:30AM-11:30AM OPEN SWIM 11:30AM-4:00PM SWIM LESSONS 4:00PM- 6:30PM AQUA DANCE 6:30PM-7:30PM	18 OPEN SWIM 5:30AM-10:30AM AQUA AEROBICS 10:30AM- 11:30AM OPEN SWIM 11:30AM-4:00PM SWIM LESSONS 4:00PM- 7:30PM	19 OPEN SWIM 5:30AM-10:30AM AQUA AEROBICS 10:30AM-11:30AM SWIM LESSONS 11:30AM- 12:30PM OPEN SWIM 12:30PM-4:00PM SWIM LESSONS 4:00PM- 6:30PM AQUA DANCE 6:30PM-7:30PM	20 OPEN SWIM 5:30AM-10:30AM AQUA STRETCH 10:30AM- 11:30AM OPEN SWIM 11:30AM-7:30PM	21 OPEN SWIM 7:30AM-8:30AM SWIM LESSONS 8:30AM- 11:00AM AQUA DANCE 11AM-12PM OPEN SWIM 12PM-3:30PM
22 OPEN SWIM 11:30AM-4:30PM	23 OPEN SWIM 5:30AM-10:30AM AQUA STRETCH10:30AM- 11:30AM OPEN SWIM 11:30AM-4:00PM SWIM LESSONS 4:00PM- 6:30PM OPEN SWIM 6:30PM-7:30PM	24 OPEN SWIM 5:30AM-10:30AM WATER AEROBICS 10:30AM-11:30AM OPEN SWIM 11:30AM-4:00PM SWIM LESSONS 4:00PM- 6:30PM AQUA DANCE 6:30PM-7:30PM	25 OPEN SWIM 5:30AM-10:30AM AQUA AEROBICS 10:30AM- 11:30AM OPEN SWIM 11:30AM-4:00PM SWIM LESSONS 4:00PM- 7:30PM	26 OPEN SWIM 5:30AM-10:30AM AQUA AEROBICS 10:30AM-11:30AM SWIM LESSONS 11:30AM- 12:30PM OPEN SWIM 12:30PM-4:00PM SWIM LESSONS 4:00PM- 6:30PM AQUA DANCE 6:30PM-7:30PM	27 OPEN SWIM 5:30AM-10:30AM AQUA STRETCH 10:30AM- 11:30AM OPEN SWIM 11:30AM-7:30PM	28 OPEN SWIM 7:30AM-8:30AM SWIM LESSONS 8:30AM- 11:00AM AQUA DANCE 11AM-12PM OPEN SWIM 12PM-3:30PM
29 OPEN SWIM 11:30AM-4:30PM	30 OPEN SWIM 5:30AM-10:30AM AQUA STRETCH10:30AM-		0		Pool and Sauna Hours	I.



Pool and Sauna Hours Monday-Friday 5:30am-7:30pm Saturday- 7:30am -3:30pm Sunday 11:30am -4:30pm Day Swim Pass Open Swim 1:30pm-3:30pm