


Lap Pool

2024
MAY

SUN	MON	TUE	WED	THU	FRI	SAT
 <p>Pool Hours Monday-Friday 5:30am-7:30pm Saturday- 7:30am -3:30pm Sunday 11:30am -4:30pm</p>			<p>1</p> <p>OPEN SWIM 5:30AM-5:00PM SWIM TEAMS LANES 3-8 5:00PM- 7:30PM OPEN SWIM LANES 1-2 5:00PM-7:30PM</p>	<p>2</p> <p>OPEN SWIM 5:30AM-5:00PM SWIM TEAMS LANES 3-8 5:00PM- 7:30PM OPEN SWIM LANES 1-2 5:00PM-7:30PM</p>	<p>3</p> <p>OPEN SWIM 5:30AM-5:00PM SWIM TEAMS LANES 3-8 5:00PM- 7:30PM OPEN SWIM LANES 1-2 5:00PM-7:30PM</p>	<p>4</p> <p>ALL LANES OPEN SWIM</p>
<p>5</p> <p>ALL LANES OPEN SWIM</p>	<p>6</p> <p>OPEN SWIM 5:30AM-5:00PM SWIM TEAMS LANES 3-8 5:00PM- 7:30PM OPEN SWIM LANES 1-2 5:00PM-7:30PM</p>	<p>7</p> <p>OPEN SWIM 5:30AM-5:00PM SWIM TEAMS LANES 3-8 5:00PM- 7:30PM OPEN SWIM LANES 1-2 5:00PM-7:30PM</p>	<p>8</p> <p>OPEN SWIM 5:30AM-5:00PM SWIM TEAMS LANES 3-8 5:00PM- 7:30PM OPEN SWIM LANES 1-2 5:00PM-7:30PM</p>	<p>9</p> <p>OPEN SWIM 5:30AM-5:00PM SWIM TEAMS LANES 3-8 5:00PM- 7:30PM OPEN SWIM LANES 1-2 5:00PM-7:30PM</p>	<p>10</p> <p>OPEN SWIM 5:30AM-5:00PM SWIM TEAMS LANES 3-8 5:00PM- 7:30PM OPEN SWIM LANES 1-2 5:00PM-7:30PM</p>	<p>11</p> <p>ALL LANES OPEN SWIM</p>
<p>12</p> <p>ALL LANES OPEN SWIM</p>	<p>13</p> <p>OPEN SWIM 5:30AM-5:00PM SWIM TEAMS LANES 3-8 5:00PM- 7:30PM OPEN SWIM LANES 1-2 5:00PM-7:30PM</p>	<p>14</p> <p>OPEN SWIM 5:30AM-5:00PM SWIM TEAMS LANES 3-8 5:00PM- 7:30PM OPEN SWIM LANES 1-2 5:00PM-7:30PM</p>	<p>15</p> <p>OPEN SWIM 5:30AM-5:00PM SWIM TEAMS LANES 3-8 5:00PM- 7:30PM OPEN SWIM LANES 1-2 5:00PM-7:30PM</p>	<p>16</p> <p>OPEN SWIM 5:30AM-5:00PM SWIM TEAMS LANES 3-8 5:00PM- 7:30PM OPEN SWIM LANES 1-2 5:00PM-7:30PM</p>	<p>17</p> <p>OPEN SWIM 5:30AM-5:00PM SWIM TEAMS LANES 3-8 5:00PM- 7:30PM OPEN SWIM LANES 1-2 5:00PM-7:30PM</p>	<p>18</p> <p>ALL LANES OPEN SWIM</p>
<p>19</p> <p>ALL LANES OPEN SWIM</p>	<p>20</p> <p>OPEN SWIM 5:30AM-5:00PM SWIM TEAMS LANES 3-8 5:00PM- 7:30PM OPEN SWIM LANES 1-2 5:00PM-7:30PM</p>	<p>21</p> <p>OPEN SWIM 5:30AM-5:00PM SWIM TEAMS LANES 3-8 5:00PM- 7:30PM OPEN SWIM LANES 1-2 5:00PM-7:30PM</p>	<p>22</p> <p>OPEN SWIM 5:30AM-5:00PM SWIM TEAMS LANES 3-8 5:00PM- 7:30PM OPEN SWIM LANES 1-2 5:00PM-7:30PM</p>	<p>23</p> <p>OPEN SWIM 5:30AM-5:00PM SWIM TEAMS LANES 3-8 5:00PM- 7:30PM OPEN SWIM LANES 1-2 5:00PM-7:30PM</p>	<p>24</p> <p>OPEN SWIM 5:30AM-5:00PM SWIM TEAMS LANES 3-8 5:00PM- 7:30PM OPEN SWIM LANES 1-2 5:00PM-7:30PM</p>	<p>25</p> <p>ALL LANES OPEN SWIM</p>
<p>26</p> <p>ALL LANES OPEN SWIM</p>	<p>27</p> <p>FOUNDATION YMCA CLOSED FOR MEMORIAL DAY</p>	<p>28</p> <p>OPEN SWIM 5:30AM-5:00PM SWIM TEAMS LANES 3-8 5:00PM- 7:30PM OPEN SWIM LANES 1-2 5:00PM-7:30PM</p>	<p>29</p> <p>OPEN SWIM 5:30AM-5:00PM SWIM TEAMS LANES 3-8 5:00PM- 7:30PM OPEN SWIM LANES 1-2 5:00PM-7:30PM</p>	<p>30</p> <p>OPEN SWIM 5:30AM-5:00PM SWIM TEAMS LANES 3-8 5:00PM- 7:30PM OPEN SWIM LANES 1-2 5:00PM-7:30PM</p>	<p>31</p> <p>OPEN SWIM 5:30AM-5:00PM SWIM TEAMS LANES 3-8 5:00PM- 7:30PM OPEN SWIM LANES 1-2 5:00PM-7:30PM</p>	

Warm Up Pool

2024
MAY

SUN	MON	TUE	WED	THU	FRI	SAT
 <p>Pool Hours Monday–Friday 5:30am–7:30pm Saturday– 7:30am –3:30pm Sunday 11:30am –4:30pm</p>			<p>1</p> <p>OPEN SWIM 5:30AM-10:30AM WATER AEROBICS 10:30AM-11:30AM OPEN SWIM 11:30AM-4:00PM SWIM LESSONS 4:00PM-6:30PM ADULT SWIM LESSONS 6:30PM-7:30PM</p>	<p>2</p> <p>OPEN SWIM 5:30AM-10:30AM WATER AEROBICS 10:30AM-11:30AM SWIM LESSONS 11:45AM-1:30PM OPEN SWIM 1:30PM-4:00PM SWIM LESSONS 4:00PM-6:30PM AQUA ZUMBA 6:30PM-7:30PM</p>	<p>3</p> <p>OPEN SWIM 5:30AM-10:30AM WATER AEROBICS 10:30AM-11:30AM OPEN SWIM 11:30AM-1:00PM FOUNDATION KIDS 1:00PM-2:00PM OPEN SWIM 2:00PM-7:30PM</p>	<p>4</p> <p>OPEN SWIM 7:30AM-8:30AM SWIM STARTERS 8:30AM-10AM OPEN SWIM 10AM-11AM AQUA ZUMBA 11AM-12PM OPEN SWIM 12PM-3:30PM</p>
<p>5</p> <p>OPEN SWIM 11:30AM-4:30PM</p>	<p>6</p> <p>OPEN SWIM 5:30AM-10:30AM WATER AEROBICS 10:30AM-11:30AM OPEN SWIM 11:30AM-4:00PM SWIM LESSONS 4:00PM-6:30PM OPEN SWIM 6:30PM-7:30PM</p>	<p>7</p> <p>OPEN SWIM 5:30AM-10:30AM WATER AEROBICS 10:30AM-11:30AM OPEN SWIM 11:30AM-4:00PM SWIM LESSONS 4:00PM-6:30PM AQUA ZUMBA 6:30PM-7:30PM</p>	<p>8</p> <p>OPEN SWIM 5:30AM-10:30AM WATER AEROBICS 10:30AM-11:30AM OPEN SWIM 11:30AM-4:00PM SWIM LESSONS 4:00PM-6:30PM ADULT SWIM LESSONS 6:30PM-7:30PM</p>	<p>9</p> <p>OPEN SWIM 5:30AM-10:30AM WATER AEROBICS 10:30AM-11:30AM SWIM LESSONS 11:45AM-1:30PM OPEN SWIM 1:30PM-4:00PM SWIM LESSONS 4:00PM-6:30PM AQUA ZUMBA 6:30PM-7:30PM</p>	<p>10</p> <p>OPEN SWIM 5:30AM-10:30AM WATER AEROBICS 10:30AM-11:30AM OPEN SWIM 11:30AM-1:00PM FOUNDATION KIDS 1:00PM-2:00PM OPEN SWIM 2:00PM-7:30PM</p>	<p>11</p> <p>OPEN SWIM 7:30AM-8:30AM SWIM STARTERS 8:30AM-10AM OPEN SWIM 10AM-11AM AQUA ZUMBA 11AM-12PM OPEN SWIM 12PM-3:30PM</p>
<p>12</p> <p>OPEN SWIM 11:30AM-4:30PM</p>	<p>13</p> <p>OPEN SWIM 5:30AM-10:30AM WATER AEROBICS 10:30AM-11:30AM OPEN SWIM 11:30AM-4:00PM SWIM LESSONS 4:00PM-6:30PM OPEN SWIM 6:30PM-7:30PM</p>	<p>14</p> <p>OPEN SWIM 5:30AM-10:30AM WATER AEROBICS 10:30AM-11:30AM OPEN SWIM 11:30AM-4:00PM SWIM LESSONS 4:00PM-6:30PM AQUA ZUMBA 6:30PM-7:30PM</p>	<p>15</p> <p>OPEN SWIM 5:30AM-10:30AM WATER AEROBICS 10:30AM-11:30AM OPEN SWIM 11:30AM-4:00PM SWIM LESSONS 4:00PM-6:30PM ADULT SWIM LESSONS 6:30PM-7:30PM</p>	<p>16</p> <p>OPEN SWIM 5:30AM-10:30AM WATER AEROBICS 10:30AM-11:30AM SWIM LESSONS 11:45AM-1:30PM OPEN SWIM 1:30PM-4:00PM SWIM LESSONS 4:00PM-6:30PM AQUA ZUMBA 6:30PM-7:30PM</p>	<p>17</p> <p>OPEN SWIM 5:30AM-10:30AM WATER AEROBICS 10:30AM-11:30AM OPEN SWIM 11:30AM-7:00PM</p>	<p>18</p> <p>OPEN SWIM 7:30AM-8:30AM SWIM STARTERS 8:30AM-10AM OPEN SWIM 10AM-11AM AQUA ZUMBA 11AM-12PM OPEN SWIM 12PM-3:30PM</p>
<p>19</p> <p>OPEN SWIM 11:30AM-4:30PM</p>	<p>20</p> <p>OPEN SWIM 5:30AM-10:30AM WATER AEROBICS 10:30AM-11:30AM OPEN SWIM 11:30AM-4:00PM SWIM LESSONS 4:00PM-6:30PM OPEN SWIM 6:30PM-7:30PM</p>	<p>21</p> <p>OPEN SWIM 5:30AM-10:30AM WATER AEROBICS 10:30AM-11:30AM OPEN SWIM 11:30AM-4:00PM SWIM LESSONS 4:00PM-6:30PM AQUA ZUMBA 6:30PM-7:30PM</p>	<p>22</p> <p>OPEN SWIM 5:30AM-10:30AM WATER AEROBICS 10:30AM-11:30AM OPEN SWIM 11:30AM-4:00PM SWIM LESSONS 4:00PM-6:30PM ADULT SWIM LESSONS 6:30PM-7:30PM</p>	<p>23</p> <p>OPEN SWIM 5:30AM-10:30AM WATER AEROBICS 10:30AM-11:30AM SWIM LESSONS 11:45AM-1:30PM OPEN SWIM 1:30PM-4:00PM SWIM LESSONS 4:00PM-6:30PM AQUA ZUMBA 6:30PM-7:30PM</p>	<p>24</p> <p>OPEN SWIM 5:30AM-9:00AM FOUNDATION KIDS 9:00AM-10:00AM WATER AEROBICS 10:30AM-11:30AM FOUNDATION KIDS 11:30AM-12:30PM OPEN SWIM 12:30PM-7:30PM</p>	<p>25</p> <p>OPEN SWIM 7:30AM-8:30AM SWIM STARTERS 8:30AM-10AM OPEN SWIM 10AM-3:30PM</p>
<p>26</p> <p>OPEN SWIM 11:30AM-4:30PM</p>	<p>FOUNDATION YMCA CLOSED FOR MEMORIAL DAY</p>	<p>28</p> <p>OPEN SWIM 5:30AM-10:30AM WATER AEROBICS 10:30AM-11:30AM OPEN SWIM 11:30AM-4:00PM SWIM LESSONS 4:00PM-6:30PM AQUA ZUMBA 6:30PM-7:30PM</p>	<p>29</p> <p>OPEN SWIM 5:30AM-10:30AM WATER AEROBICS 10:30AM-11:30AM OPEN SWIM 11:30AM-4:00PM SWIM LESSONS 4:00PM-6:30PM ADULT SWIM LESSONS 6:30PM-7:30PM</p>	<p>30</p> <p>OPEN SWIM 5:30AM-10:30AM WATER AEROBICS 10:30AM-11:30AM SWIM LESSONS 11:45AM-1:30PM OPEN SWIM 1:30PM-4:00PM SWIM LESSONS 4:00PM-6:30PM AQUA ZUMBA 6:30PM-7:30PM</p>	<p>31</p> <p>OPEN SWIM 5:30AM-10:30AM WATER AEROBICS 10:30AM-11:30AM OPEN SWIM 11:30AM-7:30PM</p>	