

Lap Pool

2023
NOVEMBER

SUN	MON	TUE	WED	THU	FRI	SAT
 <p style="text-align: center;">Pool Hours Monday-Friday 5:30am-7:30pm Saturday- 7:30am -3:30pm Sunday 11:30am -4:30pm</p>			1 ALL LANES OPEN SWIM 5:30AM-3:00PM SWIM TEAMS LANES 3-8 3:00PM- 7:30PM OPEN SWIM LANES 1-2 3:00PM-7:30PM	2 ALL LANES OPEN SWIM 5:30AM-3:00PM SWIM TEAMS LANES 3-8 3:00PM- 7:30PM OPEN SWIM LANES 1-2 4:30PM-7:30PM	3 ALL LANES OPEN SWIM 5:30AM-3:00PM SWIM TEAMS LANES 3-8 3:00PM- 7:30PM OPEN SWIM LANES 1-2 4:30PM-7:30PM	4 ALL LANES OPEN SWIM
5 ALL LANES OPEN SWIM	6 ALL LANES OPEN SWIM 5:30AM-3:00PM SWIM TEAMS LANES 3-8 3:00PM- 7:30PM OPEN SWIM LANES 1-2 4:30PM-7:30PM	7 ALL LANES OPEN SWIM 5:30AM-3:00PM SWIM TEAMS LANES 3-8 3:00PM- 7:30PM OPEN SWIM LANES 1-2 4:30PM-7:30PM	8 ALL LANES OPEN SWIM 5:30AM-3:00PM SWIM TEAMS LANES 3-8 3:00PM- 7:30PM OPEN SWIM LANES 1-2 4:30PM-7:30PM	9 ALL LANES OPEN SWIM 5:30AM-3:00PM SWIM TEAMS LANES 3-8 3:00PM- 7:30PM OPEN SWIM LANES 1-2 4:30PM-7:30PM	10 ALL LANES OPEN SWIM 5:30AM-3:00PM SWIM TEAMS LANES 3-8 3:00PM- 7:30PM OPEN SWIM LANES 1-2 4:30PM-7:30PM	11 ALL LANES OPEN SWIM
12 ALL LANES OPEN SWIM	13 ALL LANES OPEN SWIM 5:30AM-3:00PM SWIM TEAMS LANES 3-8 3:00PM- 7:30PM OPEN SWIM LANES 1-2 4:30PM-7:30PM	14 ALL LANES OPEN SWIM 5:30AM-3:00PM SWIM TEAMS LANES 3-8 3:00PM- 7:30PM OPEN SWIM LANES 1-2 4:30PM-7:30PM	15 ALL LANES OPEN SWIM 5:30AM-3:00PM SWIM TEAMS LANES 3-8 3:00PM- 7:30PM OPEN SWIM LANES 1-2 4:30PM-7:30PM	16 ALL LANES OPEN SWIM 5:30AM-3:00PM SWIM TEAMS LANES 3-8 3:00PM- 7:30PM OPEN SWIM LANES 1-2 4:30PM-7:30PM	17 ALL LANES OPEN SWIM 5:30AM-3:00PM SWIM TEAMS LANES 3-8 3:00PM- 7:30PM OPEN SWIM LANES 1-2 4:30PM-7:30PM	18 ALL LANES OPEN SWIM
19 ALL LANES OPEN SWIM	20 ALL LANES OPEN SWIM 5:30AM-3:00PM SWIM TEAMS LANES 3-8 3:00PM- 7:30PM OPEN SWIM LANES 1-2 4:30PM-7:30PM	21 ALL LANES OPEN SWIM 5:30AM-3:00PM SWIM TEAMS LANES 3-8 3:00PM- 7:30PM OPEN SWIM LANES 1-2 4:30PM-7:30PM	22 ALL LANES OPEN SWIM 5:30AM-3:00PM SWIM TEAMS LANES 3-8 3:00PM- 7:30PM OPEN SWIM LANES 1-2 4:30PM-7:30PM	23 Y CLOSED HAPPY THANKSGIVING!	24 ALL LANES OPEN SWIM 5:30AM-3:00PM SWIM TEAMS LANES 3-8 3:00PM- 7:30PM OPEN SWIM LANES 1-2 4:30PM-7:30PM	25 ALL LANES OPEN SWIM
26 ALL LANES OPEN SWIM	27 ALL LANES OPEN SWIM 5:30AM-3:00PM SWIM TEAMS LANES 3-8 3:00PM- 7:30PM OPEN SWIM LANES 1-2 4:30PM-7:30PM	28 ALL LANES OPEN SWIM 5:30AM-3:00PM SWIM TEAMS LANES 3-8 3:00PM- 7:30PM OPEN SWIM LANES 1-2 4:30PM-7:30PM	29 ALL LANES OPEN SWIM 5:30AM-3:00PM SWIM TEAMS LANES 3-8 3:00PM- 7:30PM OPEN SWIM LANES 1-2 4:30PM-7:30PM	30 ALL LANES OPEN SWIM 5:30AM-3:00PM SWIM TEAMS LANES 3-8 3:00PM- 7:30PM OPEN SWIM LANES 1-2 4:30PM-7:30PM		

Warm Up Pool

2023
NOVEMBER



Pool Hours
Monday-Friday 5:30am-7:30pm
Saturday- 7:30am -3:30pm
Sunday 11:30am -4:30pm

SUN	MON	TUE	WED	THU	FRI	SAT
			1 OPEN SWIM 5:30AM-10:30AM WATER AEROBICS 10:30AM-11:30AM OPEN SWIM 11:30AM-4:30PM SWIM LESSONS 4:30PM-6:30PM ADULT SWIM LESSONS 6:30PM-7:30PM	2 OPEN SWIM 5:30AM-10:30AM WATER AEROBICS 10:30AM-11:30AM OPEN SWIM 11:30AM-4:30PM SWIM LESSONS 4:30PM-6:30PM AQUA ZUMBA 6:30PM-7:30PM	3 OPEN SWIM 5:30AM-10:30AM WATER AEROBICS 10:30AM-11:30AM OPEN SWIM 11:30AM-1PM FOUNDATION KIDS 1PM-2PM OPEN SWIM 2PM-7:30PM	4 OPEN SWIM 7:30AM-8:30AM SWIM STARTERS 8:30AM-10AM OPEN SWIM 10AM-11AM AQUA ZUMBA 11AM-12PM TEEN SWIM LESSONS 12PM-1PM OPEN SWIM 1PM-3:30PM
5 OPEN SWIM 11:30AM-4:30PM	6 OPEN SWIM 5:30AM-10:30AM WATER AEROBICS 10:30AM-11:30AM OPEN SWIM 11:30AM-4:30PM SWIM LESSONS 4:30PM-6:30PM OPEN SWIM 6:30PM-7:30PM	7 OPEN SWIM 5:30AM-10:30AM WATER AEROBICS 10:30AM-11:30AM OPEN SWIM 11:30AM-4:30PM SWIM LESSONS 4:30PM-6:30PM AQUA ZUMBA 6:30PM-7:30PM	8 OPEN SWIM 5:30AM-10:30AM WATER AEROBICS 10:30AM-11:30AM OPEN SWIM 11:30AM-4:30PM SWIM LESSONS 4:30PM-6:30PM ADULT SWIM LESSONS 6:30PM-7:30PM	9 OPEN SWIM 5:30AM-10:30AM WATER AEROBICS 10:30AM-11:30AM OPEN SWIM 11:30AM-4:30PM SWIM LESSONS 4:30PM-6:30PM AQUA ZUMBA 6:30PM-7:30PM	10 OPEN SWIM 5:30AM-10:30AM WATER AEROBICS 10:30AM-11:30AM OPEN SWIM 11:30AM-1PM FOUNDATION KIDS 1PM-2PM OPEN SWIM 2PM-7:30PM	11 OPEN SWIM 7:30AM-8:30AM SWIM STARTERS 8:30AM-10AM OPEN SWIM 10AM-11AM AQUA ZUMBA 11AM-12PM TEEN SWIM LESSONS 12PM-1PM OPEN SWIM 1PM-3:30PM
12 OPEN SWIM 11:30AM-4:30PM	13 OPEN SWIM 5:30AM-10:30AM WATER AEROBICS 10:30AM-11:30AM OPEN SWIM 11:30AM-4:30PM SWIM LESSONS 4:30PM-6:30PM OPEN SWIM 6:30PM-7:30PM	14 OPEN SWIM 5:30AM-10:30AM WATER AEROBICS 10:30AM-11:30AM OPEN SWIM 11:30AM-4:30PM SWIM LESSONS 4:30PM-6:30PM AQUA ZUMBA 6:30PM-7:30PM	15 OPEN SWIM 5:30AM-10:30AM WATER AEROBICS 10:30AM-11:30AM OPEN SWIM 11:30AM-4:30PM SWIM LESSONS 4:30PM-6:30PM ADULT SWIM LESSONS 6:30PM-7:30PM	16 OPEN SWIM 5:30AM-10AM WATER AEROBICS 10:30AM-11:30AM OPEN SWIM 11:30AM-4:30PM SWIM LESSONS 4:30PM-6:30PM AQUA ZUMBA 6:30PM-7:30PM	17 OPEN SWIM 5:30AM-10:30AM WATER AEROBICS 10:30AM-11:30AM OPEN SWIM 11:30AM-1PM FOUNDATION KIDS 1PM-2PM OPEN SWIM 2PM-7:30PM	18 OPEN SWIM 7:30AM-8:30AM SWIM STARTERS 8:30AM-10AM OPEN SWIM 10AM-11AM AQUA ZUMBA 11AM-12PM TEEN SWIM LESSONS 12PM-1PM OPEN SWIM 1PM-3:30PM
19 OPEN SWIM 11:30AM-4:30PM	20 OPEN SWIM 5:30AM-10:30AM WATER AEROBICS 10:30AM-11:30AM OPEN SWIM 11:30AM-4:30PM SWIM LESSONS 4:30PM-6:30PM OPEN SWIM 6:30PM-7:30PM	21 OPEN SWIM 5:30AM-10AM WATER AEROBICS 10:30AM-11:30AM OPEN SWIM 11:30AM-4:30PM SWIM LESSONS 4:30PM-6:30PM AQUA ZUMBA 6:30PM-7:30PM	22 OPEN SWIM 5:30AM-10:30AM WATER AEROBICS 10:30AM-11:30AM OPEN SWIM 11:30AM-4:30PM SWIM LESSONS 4:30PM-6:30PM ADUT SWIM LESSONS 6:30PM-7:30PM	23 Y CLOSED HAPPY THANKSGIVING!	24 OPEN SWIM 5:30AM-10:30AM WATER AEROBICS 10:30AM-11:30AM OPEN SWIM 11:30AM-1PM FOUNDATION KIDS 1PM-2PM OPEN SWIM 2PM-7:30PM	25 OPEN SWIM 7:30AM-8:30AM SWIM STARTERS 8:30AM-10AM OPEN SWIM 10AM-11AM AQUA ZUMBA 11AM-12PM TEEN SWIM LESSONS 12PM-1PM OPEN SWIM 1PM-3:30PM
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