LAP POOL SCHEDULE

YMCA AQUATICS CENTER • NOVEMBER 2026 SCHEDULE

Pool Hours
Monday – Thursday
5:30 AM – 8:30 PM

Pool Hours
Friday
5:30 AM – 7:30 PM

Pool Hours
Saturday
7:30 AM – 3:30 PM

Pool Hours
Sunday
11:30 AM – 4:30 PM

SUN	MON	TUE	WED	THUR	FRI	SAT
11:30 am – 3:30 pm Lap Swimming Open lap swimming	**5:30 am – 8:30 pm** Lap Swimming Min. 2 lanes Open	**5:30 am – 8:30 pm** Lap Swimming Min. 2 lanes Open	**5:30 am – 8:30 pm** Lap Swimming Min. 2 lanes Open	**5:30 am – 8:30 pm** Lap Swimming Min. 2 lanes Open	**5:30 am – 7:30 pm** Lap Swimming Min. 2 lanes Open	**11:30 am – 3:30 pm** Lap Swimming Open lap swimming
11:30 am – 1:30 pm Pool Pass Open Swim Min. 2 lanes Open	**11:30 am – 1:30 pm** Pool Pass Open Swim Min. 2 lanes Open	**11:30 am – 1:30 pm** Pool Pass Open Swim Min. 2 lanes Open	**11:30 am – 1:30 pm** Pool Pass Open Swim Min. 2 lanes Open	**11:30 am – 1:30 pm** Pool Pass Open Swim Min. 2 lanes Open	**11:30 am – 1:30 pm** Pool Pass Open Swim Min. 2 lanes Open	**11:30 am – 1:30 pm** Pool Pass Open Swim Min. 2 lanes Open
1:30 pm – 3:30 pm Open Swim Lanes 7&8	**1:30 pm – 3:00 pm** Open Swim Lanes 7&8	**1:30 pm – 3:00 pm** Open Swim Lanes 7&8	**1:30 pm – 3:00 pm** Open Swim Lanes 7&8	**1:30 pm – 3:00 pm** Open Swim Lanes 7&8	**1:30 pm – 3:00 pm** Open Swim Lanes 7&8	**1:30 pm – 3:30 pm** Open Swim Lanes 7&8
	3:00 pm – 6:30 pm Swim Team Lanes 3-8	**3:00 pm – 6:30 pm** Swim Team Lanes 3-8	**3:00 pm – 5:30 pm** Swim Team Lanes 3-8	**3:00 pm – 6:30 pm** Swim Team Lanes 3-8	**3:00 pm – 6:30 pm** Swim Team Lanes 3-8	
	6:30 pm – 8:30 pm Open Swim Lanes 7&8	**6:30 pm – 8:30 pm** Open Swim Lanes 7&8	**6:30 pm – 8:30 pm** Open Swim Lanes 7&8	**6:30 pm – 8:30 pm** Open Swim Lanes 7&8	**6:30 pm – 7:30 pm** Open Swim Lanes 7&8	

LAP POOL POLICY NOTES

- Guaranteed Lap Swimming: At least 2 lanes are dedicated exclusively to lap swimming at all times during operating hours.
- Pool Pass Swim: Open Swim for day pass holders is available daily from 11:30 AM – 1:30 PM.
- Sauna Availability: Sauna follows pool hours (Mon–Thurs 5:30 AM–8:30 PM, Fri 5:30 AM - 7:30 pm, Sat 8:30 AM–3:30 PM, Sun 11:30 AM–4:30 PM).

NOVEMBER SPECIAL EVENTS & ONE-OFF CLOSURES (LAP POOL)

High School Swim Meets

- Fri, Nov 13: Pools Close at 4:30 PM
- Fri, Nov 20: Pools Close at 4:30 PM

Barton College Swim Meets

- Sat, Nov 14: Pools close at 11:30 AM

Nov. 26 Thanksgiving: Adjusted facility hours
7:30 AM – 11:30 AM

WARMUP POOL SCHEDULE

YMCA AQUATICS CENTER • NOVEMBER 2026 SCHEDULE

Pool Hours
Monday – Thursday
5:30 AM – 8:30 PM

Pool Hours
Friday
5:30 AM – 7:30 PM

Pool Hours
Saturday
7:30 AM – 3:30 PM

Pool Hours
Sunday
11:30 AM – 4:30 PM

SUN	MON	TUE	WED	THUR	FRI	SAT
11:30 am – 3:30 pm Open Swim Continuous Open Swim	**5:30 am – 9:30 am** Open Swim Continuous Open Swim	**5:30 am – 9:30 am** Open Swim Continuous Open Swim	**5:30 am – 9:30 am** Open Swim Continuous Open Swim	**5:30 am – 9:30 am** Open Swim Continuous Open Swim	**5:30 am – 9:30 am** Open Swim Continuous Open Swim	**7:30 am – 8:30 am** Open Swim Continuous Open Swim
	9:30 am – 10:30 am Aqua Stretch Group Fitness class	**9:30 am – 10:30 am** Aqua Stretch Group Fitness class	**9:30 am – 10:30 am** Aqua Stretch Group Fitness class	**9:30 am – 10:30 am** Aqua Stretch Group Fitness class	**9:30 am – 10:30 am** Aqua Stretch Group Fitness class	**8:30 am – 10:45 am** Swim lessons
	10:30 am – 4:30 pm Open Swim Continuous Open Swim	**10:30 am – 4:30 pm** Open Swim Continuous Open Swim	**10:30 am – 4:30 pm** Open Swim Continuous Open Swim	**10:30 am – 4:30 pm** Open Swim Continuous Open Swim	**10:30 am – 4:30 pm** Open Swim Continuous Open Swim	**10:30 am – 11:30 am** Aqua Stretch Group Fitness class
	11:30 am – 1:30 pm Pool Pass Open Swim	**11:30 am – 1:30 pm** Pool Pass Open Swim	**11:30 am – 1:30 pm** Pool Pass Open Swim	**11:30 am – 1:30 pm** Pool Pass Open Swim	**11:30 am – 1:30 pm** Pool Pass Open Swim	**11:30 am – 1:30 pm** Pool Pass Open Swim
	5: 00 pm – 6:30 pm Swim lessons	**5: 00 pm – 6:30 pm** Swim lessons	**5: 00 pm – 6:30 pm** Swim lessons	**1:00 pm – 1:30 am** Foundation Kids YMCA Programming	**5: 00 pm – 6:30 pm** Swim lessons	**1:30 pm – 3:30 pm** Open Swim Continuous Open Swim
	6:30 pm – 8:30 pm Open Swim Continuous Open Swim	**6:30 pm – 8:30 pm** Open Swim Continuous Open Swim	**6:30 pm – 8:30 pm** Open Swim Continuous Open Swim	**5: 00 pm – 7:15 pm** Swim lessons	**6:30 pm – 8:30 pm** Open Swim Continuous Open Swim	
				7:15 pm – 8:30 pm Open Swim Continuous Open Swim		

WARM-UP POOL INFORMATION

- Water Temperature: Kept at a warmer temperature ideal for aqua fitness, swim instruction, and gentle exercise.
- Swim Lessons Notice: General open swim space may be restricted during swim lesson hours.

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